

## CZECH INDOOR GALA 2023

Including the 19<sup>th</sup> year of Ostravská laťka

- Organised by:** Czech Athletic Federation
- Local organiser:** Athletic Club SSK Vítkovice
- Date:** Thursday 2<sup>nd</sup> February 2023, start of the competition at 14:00
- Venue:** Ostrava - Athletic Hall  
Ruská 3077/135, 700 30 Ostrava-Zábřeh, Czech Republic

### Organising committee

- Technical Delegate: Janusz Rozum
- Technical Director: Oldřich Zvolánek
- Competition Director: Libor Dinga
- Athletes Liaison: Alfonz Juck < [ajuck@rainside.sk](mailto:ajuck@rainside.sk) >
- Promotion, Press: Jan Sýkora  
Šárka Mokrá
- Marketing: Josef Čech
- Economy, Finance: Tomáš Taubr
- Meeting Manager: Ludmila Pudilová
- Event Presentation: Adam Nedvídek

## Entries

Foreign competitors shall contact Athletes' Liaison Alfonz Juck < [ajuck@rainside.sk](mailto:ajuck@rainside.sk) > **until Wednesday 25<sup>th</sup> January 2023, 18:00 the latest.**

***Only invited competitors may start in the main program.***

## Events

### ***International events***

Men: 60 m, 200 m, 400 m, 800 m, mile, Long Jump

Women: 400 m, 1 500 m, 60 m Hurdles, Pole Vault, Triple jump

### ***National events***

Men: 60 m, 200 m, 800 m, 60 m Hurdles, Pole Vault, Triple Jump

Women: 60 m, 200 m, 800 m, 60 m Hurdles, Long Jump

U20, U18: 60 m Hurdles

## Call room

Every competitor has to report in the call room by the entrance to the athletic tunnel.

Track event: closed 15 min before start

Jumps: closed 40 min before the event

Pole vault: closed 70 min before the event

## Bib numbers

Available on Wednesday 1<sup>st</sup> February 2023 from 11:00 until 20:00 at the Clarion hotel OR on Thursday 2<sup>nd</sup> February 2023 from 11:00 until 90 min before the event at the call room by the entrance to the athletic tunnel.

## Competition Office

Will be opened in the Athletic Hall, room N°204, 2<sup>nd</sup> floor.

## Official training and warm-up area

All athletes may use the Athletic Hall on Wednesday 1<sup>st</sup> February between 15:00 – 19:00 for official training. At the day of the competition, Thursday 2<sup>nd</sup> February, athletes may warm up only in the athletic tunnel (entrance from the parking lot E) between 9:00 – 12:00 and in the afternoon before their event.

## Results

At the stadium: information boards in the room N°114 (1<sup>st</sup> floor, entrance from the hall) and in the room N°002 (1<sup>st</sup> floor, entrance from the parking lot E).

On the website of the Czech Athletic Federation < [www.atletika.cz](http://www.atletika.cz) > and SSK Vítkovice < [www.ssk-vitkovice.cz](http://www.ssk-vitkovice.cz) >.

## Jury

Technical Delegate:	Janusz Rozum
Competition Director:	Libor Dinga
Meeting Manager:	Ludmila Pudilová

## Doping control

Will take place in the Athletic Hall, room marked N°111 (1<sup>st</sup> floor) for all selected athletes.

## Medical

MUDr. Petr Sikora, available during the competition in the room N°108 (1<sup>st</sup> floor).

## Timetable \*

International Program		
<b>16:20</b>	Pole Vault	W
<b>16:27</b>	Triple Jump	W
<b>16:47</b>	Opening Ceremony	
<b>17:01</b>	60 m R	M
<b>17:06</b>	60 m R	M
<b>17:12</b>	800 m	M
<b>17:18</b>	60 m Hurdles R	W
<b>17:24</b>	60 m Hurdles R	W
<b>17:30</b>	1 500 m	Ž
<b>17:37</b>	60 m Hurdles R	M
<b>17:43</b>	60 m Hurdles R	M
<b>17:50</b>	Long Jump	M
<b>17:52</b>	60 m	M
<b>17:58</b>	400 m	M
<b>18:05</b>	400 m	M
<b>18:12</b>	60 m Hurdles	W
<b>18:18</b>	400 m	W
<b>18:25</b>	400 m	W
<b>18:32</b>	60 m Hurdles	M
<b>18:38</b>	200 m	M
<b>18:44</b>	200 m	M
<b>18:50</b>	mile	M

\* Timetable is subject to change, please check it out 2 days before the event on [www.atletika.cz](http://www.atletika.cz).

## Disclaimer

The Organiser accepts no liability for loss or damage of any personal property and for accident or personal injury occurring for whatever reason during the event or the training session. Acceptance of this disclaimer by competitors is a condition of entry.